

# Tin Can Bay Regatta 2013



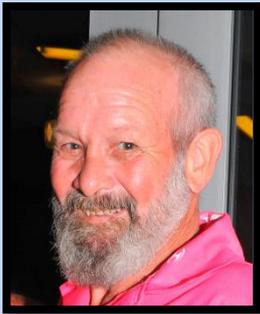
Redcliffe Red Dragons Dragon Boat Club  
Newsletter July 2013

## A word from our coach Arthur

Firstly I would like to congratulate all paddlers who competed at Tin Can Bay for their efforts. I appreciate all of your cooperation and assistance in making TCB another memorable occasion. Winning or losing races is not the important issue here. Just being

in the boat and giving it your all for "fun" is the special buzz. All teams did that and I appreciate the fact that I did not hear one grumble from our members having to use "Puff" the clunker for some of our races. "Puff" cost us a place in the grand final of the Mixed "B's". Based on the final times, the mixed "B's" would have won the event.

A special mention about our Pink Ladies who did us proud with a grand final win in the Pink Challenge. Well done girls. It's a long way from Sarasota Florida but by the way it's shaping the Snapdragons will be a force to reckon with over there too. Well done girls.



Our race day was marred by the injury to Ryan. I can now report that he is fine. In fact, just itching to get back into the boat for some more "fun". Now that's the Redcliffe spirit!!.

Thanks to our Team Managers, Sweeps, Paddlers and those organising the social side of things, for making the TCB regatta a great start to the 2013/2014 season.

See ya'all on the water

Arthur (Correction from last newsletter: arthur.heales1@bigpond.com)

## from the Team Manager's desk.....

Well once again Tin Can Bay is behind us and once again we had an awesome time both on and off the water, as only Redcliffe can do and do so well....

To those paddlers who were attending their first regatta with us, Rita, Bruce, Karen, Lorretta, Caitlan, Cheryl, Audra, Jane, Rebecca, Lyn (even though you've been a racing Snapdragon previously) Larry, Ryan, Steve, Pam and Keren....I truly hoped you enjoyed the experience and congratulations to all of our paddlers on making finals and to our inspiring Snapdragons (with assistance from our sisters at Pink Dragons Gold Coast) in winning the "Pink Challenge" trophy....an amazing effort from every Redcliffe paddler.

To our new sweeps Donna and Brian, congratulations on a mighty effort at your first regatta and to all of our sweeps (that includes Marla and Arthur) thank you once again for keeping everyone safe out on the water.

A little stat for your information....

Redcliffe's Mixed B crew, made the *Minor Final* in their division.... they raced home in a time of 56.53.



In the *Grand Final* of that same division the 3 teams racing came home in the following times: 1st place: Sunshine Coast in 57.13 / 2<sup>nd</sup> place: Manly in 58.41 / 3<sup>rd</sup> place: 1770 in 1.01.41

Thank you one and all and may this be the first of many fun-filled regattas for the 2013/2014 season.

Cheers

Lyn G

# Fundraising fun...

Hi All,

We are currently fundraising through Our Village Community Challenge which they are running instead of Grants.

This includes selling Our Village Supporter Packs (which Cheryl will have at training) for \$27.50 which we keep all the proceeds, some of the offers included are from Mon Komo Hotel, Michel's Patisserie, Lenard's, Redcliffe Leagues Club, Australia Zoo, Caboolture Sports Club, Beachmere Tavern, PCYC, Rockmans, Shoes on Scarborough, Simply Pies, Wallace Bishop & MORE.

We would like every member to purchase at least one of these packs to help contribute to the Challenge Day on the 31st August where we have a chance to win some cash prizes (\$5,000 first prize) while having a fun day. Also if anyone would like to join the Committee on this fun day please see me (Cheryl) to find out more about the day and join our team.



We also have the opportunity to have a Bunning's BBQ on Saturday 24th August if everyone could please keep this date free as a couple of hours from all of us makes light work for everybody.

Thanks Cheryl R  
Fundraising Co-Ordinator

## Uniform information..

Hi everyone,

I will be putting in an order for Reds Uniforms on Thursday 1st August. This will not be extended as I'm on holidays from 2nd August.

**There will be an order form at training on the following three days;**

Sat 27th July  
Mon 29th July  
Wed 31st July

**Payment is required with your order.**

Would you please have the correct money in a named plastic bag or envelope?

If you do wish to do an internet transfer please make sure you reference it as uniforms and use your full name.

Would you also email Loretta Pears (treasurer), Maz Franz and me to inform us your payment has been made? Copy and paste the bank receipt if you can.

**Bank detail:**

Red Dragons Redcliffe Dragon Boat Club  
BSB 034059  
Acc. No. 236523.

**Price:**

Men's and Ladies Singlets \$33.00  
Men's and Ladies Polo's \$38.50  
Men's and Ladies Zip top's \$44.00

**Note** - I'll be ordering Standard Back Singlets unless you specify T-Back.

If any woman would prefer a men's, please record that on the order form. – Thanks

Thanks  
Del



# Coaches in training..

Last weekend, Maz, Brian and myself travelled down to Ballina RSL to attend AusDBF Level 1 Coaching course. The course was attended by 7 clubs in total:

Mt Warning 3, Gold Coast Dragons Abreast 3, Redcliffe Red Dragons 3, Redlands Sea Dragons 1, Tweed River 1, Camden Haven 1, Rainbow Dragons 7 (3 re accrediting), Coffs Coast 1.

The course was presented by Anne Walsh who is an accredited coach & L4 sweep for the Newcastle Dragonhunters.

A lot of brainstorming was done and with the help of the presenter Anne and re-accrediting coaches we all came away with some very interesting ideas and hope to implement some of them in our club if they are acceptable.

Anne commented that there was great camaraderie and sense of fun on Saturday. The atmosphere in the room was really focussed but relaxed. I am sure both Maz and Brian will agree with me in



saying that was definitely the case. Annie thanked the re-accrediting coaches for sharing their experiences

and Maz for showing us those warm up and stretching activities. That's our Mazzi!



We hope to pass on any information which we feel is beneficial to all paddlers whether it be paddling or exercising. So if we all work together as a team we are bound to achieve our club's goals.



Just goes to show that men CAN follow instructions when they want (notice the uniformity).

They did a very good job.

‘Good, better, best. Never let it rest. Until your good is better and your better is best’

Iciar (aka Shar)



*Hi all, I received so many wonderful photos and I have tried to include as many as I could and as many members as I could. It was such an action packed regatta, I think it would take a whole book to truly capture the spirit of the weekend. I hope you enjoy reminiscing. This has been a newsletter dedicated to Tin Can Bay and next issue will return to its usual format. Cheers...from your editor.*



