

July Edition



REDCLIFFE RED DRAGONS NEWSLETTER



NOW



Completed Shed Overview

-Courtesy of Lyn Stainlay



'HOUSE OF DRAGONS'

21/04/17 – 25/07/17.

After many years of discussion, proposals and submissions for funding, construction work commenced on the long awaited club house /shed/ home for **Redcliffe Red Dragon Boat Racing Club**. The building size is 30 meters x 18 meters with 100 meters of concrete. The entire process took 96 days to complete. The tender was awarded to RANBUILD for shed; SPEEDY SHED ERECTING; CASCADE BROTHERS CONCRETES and BRENDAN Excavation. The club building committee *Doug* (project manager), *Rita, Trevor, Bruce, Bob, Jason*, President *Cheryl* and Vice President *Tina*, organised everything with assistance from club members, family and friends.

21/04/17 Storage Container BSIU237300 was delivered to Talobilla Park where Kay and Lyn supervised its location adjacent the toilet block.

29/04/17 Club members Jason, Phil, Bob, Paul, Bruce, Doug, Peter, Norma, Rita, Donna P, Cheryl, Terry, Jane, Kay R, and Lyn S assembled at the compound to demolish the existing 2 shed structures and fence. Current useful equipment was relocated to the storage container. Boats were taken to Rosemary's at Brackenridge. A big task well done.



06/05/17 Graffiti artists paid generous attention to Container and all other available sites in Talobilla Park.



12/05/17 All fence poles were removed and the building site marked out for concrete slab foundation form work.

30/05/17 Site laser levelled and marked boundaries displayed.

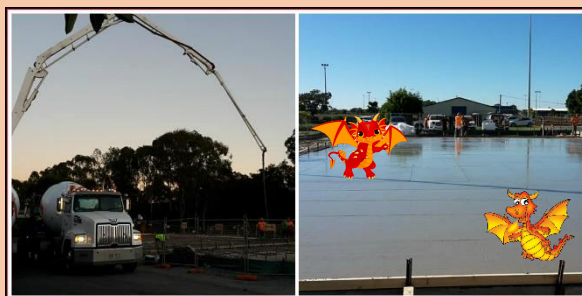
31/05/17 Waffle Pods and reinforcement iron delivered to site. Of concern was security for building materials however survived the first night.

01/06/17. Half the area was laid with waffle pods and reinforcing iron. All the while the weather being extremely favourable with dry, warm sunny days.



03/06/17. During the night, security was breached with many unlaidd waffle pods smashed. That sparked the ire of dragons to breathe fire and great determination for completion.

06/06/17. Remaining area laid with waffle pods and reinforcement iron. With preparation completed the site was enclosed by Build Safe Fence in readiness for concrete pour tomorrow.



07/06/17. 600hrs. Cool morning with dawn colouring the horizon. All hands at the ready for a busy day. Holcim concrete trucks arrived and commenced the slab pour. The main slab was completed by 0932 hrs. leaving the verandah to follow. Perfect

weather for the job.

12/06/17. Once again over night, most structures in Talobilla Park were graffitied. Dragons were not immune. Buildings, Build Safe Fence, barbecue, red boats Pain and Agony, trolleys and Container were all given detailed attention. Spared was the concrete slab and Outrigger canoes!



13/06/17. Rain over night and most of day. Shed building material delivered in preparation for work tomorrow.

14/06/17. Speedy Shed Erecting commenced drilling holes in concrete to secure footings for the building.



15/06/17. Up with the steel trusses! Skeleton of building has now taken shape.

18-19/06/17. On these days iron cladding was installed. Ha ha! The cherry picker used for the job 'fell' into the drainage trench. Much cursing could be heard from a far.



20-21/06/17. Cladding, roofing and guttering completed. Building looking impressive and very large.

29/06/17. Roller doors installed. Lockup.

01/07/17. Concrete floor sealed and painted nonslip in a light grey. Excellence in functionality.

08/07/17. Saturday morning training now resumed after the break. After use, boats were cleaned on the wash bay and ceremoniously wheeled into the Club House for the first time. The yellow/white boat followed by the red boat. Boat crew was: *Jane, Tina, Cheryl, Del, Deborah, Norma, Doug, Bob, Jason, Paul, Carol, Tony, Phil, Lyn S, Ann, Karen R, Rita, Sue, Peter, Rosetta, Jill, Iciar, Kay R, Deb W.* Tables and chairs donated by *Peggy and Bob* were unloaded and placed in the Club house/shed .



15/7/17 A busy band of workers, *Tina, Cheryl, Doug, Bob, Jason, Alex, Paul, Phil, Ann, Peter, Iciar, Donna P and Lyn S,* stayed after training and helped carry



the remaining gear from the container to the Club House /Shed to complete the transfer.**16/07/17** This day's work involved the environmental area for drainage and ground levelling by Brendan on his excavator. A delivery of turf brought the tough turfies to work. *Jason, Alex, Doug, Bob, Tony, Tina, Cheryl, Lyn S* and overseer *Johnny B.* Ben worked on the lighting. Completion of roofing insulation,

transfer of *Pain and Agony*, *Side By Side*, *Zonta* and safety boats topped the day off.

22/07/17 After Saturday morning training, drainage and turfing continued and completed. Water turf for next 10 days. Inside, shelving was erected for immediate storage. Looks like the house of Red Dragons!

24/07/17 Complete.



With the shed completed, all equipment out of storage and the lights and sensors installed and in working order, there is nothing more to do or say but...

***‘Members come and use
your club house’***



Huge thanks to Lyn S for her continual updates of the shed's progress

TIN CAN BAY



The first sports regatta **SLEEPY LAGOON HOTEL** was held over the weekend of 29th and 30th July at Tin Can Bay. The host club was **COOLOOLA DRAGON BOAT CLUB**.

As like last year, the weather Gods were very kind to us in the beautiful weather we had over the entire weekend.

Saturday morning saw crews for the **WIDE BAY SERIES** regatta competing on the water followed by the Diamond Dash which was open to all clubs. Once again there was a big turnout of 14 crews willing to compete in this event.

In order to give all paddlers a paddle in the Diamond Dash Redcliffe Red Dragons entered two teams – **REDCLIFFE RED** and **REDCLIFFE WHITE**.



Doug swept for Redcliffe Red and paddled with Redcliffe White while Bruce swept for Redcliffe White and paddled with Redcliffe Red.

After many discussions and trials had been done with the boats and positioning of paddlers, it was decided to stay with last year's winning tactics with a slight variation. Unfortunately, due to the building of the new club's shed the respective teams were not able to do enough training to experiment more with the seating etc as we did last year.

REDCLIFFE WHITE were first up to paddle out of the two Redcliffe teams. Their opponents were **COOLOOLA** and they completed their two races in times of **2.40.31** and **2.44.19** respectively resulting in an overall time of **5.24.50**



REDCLIFFE RED were the last crew to paddle and their opponents were *LAKERS* and completed their two races in **2.38.50** and **2.32.70** respectively giving the team

an overall time of **5.11.20**

At the end of the competition, **MSS Penang** were declared winners of the event in an overall time of **4.43.29 (2.21.89 and 2.21.40)**. Redcliffe Red and Redcliffe White came **7th** and **8th** in the field of 14 teams. All in all, everyone who participated did their best and were left out of breath at the end of both their respective two races.

After the completion of the award ceremony for the Diamond Dash, there was the spreading of Gayle Barnett's (from Cooloola Dragon Club) ashes into the river. Three teams consisting of paddlers from various clubs paddled out into the middle and spread Gayle's ashes as per her final request. A few words were said by Sandra Wooten of Cooloola then with all paddles raised, a minute silence was witness before all three boats hooked up together to paddle slowly back to shore.



After the ceremony, some of the Redcliffe paddlers along with Pani Martin (sweep assessor) from Lakers took a boat out in order to have two of our club's trainee sweeps – **JASON** and **PAUL** - achieve their level 2 accreditation.



CONGRATULATIONS to both boys for achieving this level of accreditation.

Once the testing was completed, the remaining Redcliffe paddlers ventured over to the Tin Can Bay Yacht club for a very well earned cold beverage and to help celebrate Jason and Paul attaining their sweeping credentials.



That night everyone adjourned to the local hotel (Sleepy Lagoon Hotel) for the customary club dinner get together before the next day of racing. It was great to see all the paddlers in attendance enjoying a nice meal and everyone's company. Thanks to everyone for their co-operation in making this get together possible.

The next day (again Sunshine galore) saw the Sleep Lagoon Hotel regatta held. There was a Mixed A and Mixed B division as well as the annual Pink Challenge which as of last year has now been renamed the **Carol Wahoti** trophy in honour of Carol from DA Gold Coast who tragically lost her life while doing what she loved – DRAGON BOATING.

Mixed A division had 5 crews entered while Mixed B division had 12 crews. Due to the lack of paddlers, Redcliffe were only able to field one team and that was in the Mixed B division. The team's first race was completed in **59.99secs** with the crew being pipped out of second place by Gold Coast by .24sec. It was close racing again in the second heat with only two boats. This time we managed a time of **55.91secs** but again beaten to the line by Gold Coast by .38secs. Unfortunately, we were unsuccessful in making the finals which was won by 1770 in a final time of 54.40secs.





The Annual Pink Challenge was held and there were 5 clubs entered **BRD**, **BRIBIE**, **REDCLIFFE**, **MAROOCHY** and **GOLD COAST**. Due to some of the clubs not being able to field a full team it was decided that some of the clubs combine together to race.

Maroochy was with Gold Coast and Redcliffe combined with Bribie with BRD on their own as they had sufficient numbers. Some of our members paddled with Redcliffe while the others paddled with Maroochy.

Four heats were run with **REDCLIFFE/BRIBIE** coming second in a time of **1.04.71** in first heat; third in a time of **1.07.37** in second heat; **1.02.90** in the third heat and recording a time of time **1.03.44** in the forth heat.

At the end of the 4 races, all times were added up with **BRD** being declared winners with **MSS/ GOLD COAST** second and **REDCLIFFE/BRIBIE** third.

This year due to lack of numbers our sports paddlers only got two paddles with our pink paddlers managing to paddle in 6 races due to having 4 heats in their division and 2 in the sports. Well done to the pink paddlers who paddled in both divisions on a marvellous effort on the day.

As always everyone had an enjoyable weekend and will be looking forward to next year's regatta.

FOOD CORNER

MUSHROOM LENTIL ROLLS (Vegetarian Sausage Rolls)



Prep Time 15 minutes

Cook Time 30 minutes

Total Time 45 minutes

INGREDIENTS

- 2 sheets of frozen puff pastry lightly thawed
- 1/2 cup of French lentils
- 2 cups of vegetable stock
- 400 g of mushrooms finely chopped
- 1 onion peeled and diced
- 2 stalks of celery diced
- 1 carrot peeled and finely diced
- 2 cloves of garlic minced
- 1 tbs of olive oil
- 1 tbs of Dijon mustard
- 1/4 cup of red wine
- 2 tsp of freshly picked thyme leaves
- 2 tbs of freshly chopped parsley
- 1 cup of breadcrumbs
- 3 eggs 1 beaten for brushing the pastry
- 2 tsp of sesame seeds
- salt and pepper to taste

INSTRUCTIONS

1. Begin by cooking the lentils. Place the lentils and vegetable stock in a saucepan and bring to a boil before reducing to a simmer. Simmer for 25 minutes or until the lentils are tender, drain and set aside to cool.
2. Heat a large frying pan over a medium heat and add the olive oil, onion, celery and carrot and cook until the onion is golden and caramelised. Add the garlic and mushrooms and cook until the mushrooms begin to soften. Add the mustard and red wine and reduce to low and cook for 5 to 10 minutes, or until the liquid has evaporated. Set aside to cool.
3. Meanwhile preheat the oven to 200 degrees and line a tray with baking paper.
4. In a large bowl combine the lentils, mushroom mixture, thyme, parsley and breadcrumbs. Test for seasoning and add salt and pepper to taste. Add 2 of the eggs and mix until well combined.
5. Cut the squares of puff pastry in half and place spoonfuls of the mixture down one side. Brush with beaten egg and fold the pastry over into a roll. Use a sharp knife to cut in half and then half again. Repeat with remaining mixture.
6. Place the rolls on the baking tray, brush the tops with beaten egg and sprinkle with sesame seeds. Bake for 15 to 20 minutes, or until golden.



Courtesy of Jane Kennedy

JOKE OF THE MONTH

Did you hear about the Italian chef who died?

He pasta way. We cannoli do so much. His legacy will become a pizza history. Here today, gone tomato. How sad that he ran out of thyme.

Sending olive my prayers to the family. His wife is really upset; cheese still not over it. You never sausage a tragic thing. It's such a shame good people have to die fusilli reasons.

It was a farfalle from grace.



UPCOMING EVENTS

SEPTEMBER

Saturday 2nd - Reds Management Meeting

Sunday 3rd - Maroochy 17km Paddle

Saturday 9th & Sunday 10th - Mt Warning Regatta

Saturday 16th - Snapdragon's General Meeting

Saturday 23rd - ***COME n TRY*** Moreton Bay Regional Council

Sunday 24th - REGATTA - Manly

Friday 29th

- ***Sunday 1st October*** - ST George Multicultural Festival

