

REDCLIFFE RED DRAGONS NEWSLETTER



OCTOBER EDITION

OLDER AND BOLDER

In mid September, Redcliffe held a Moreton Bay Council Older and Bolder day as one of our 'Come and Try' days. A total of 15 newcomers came along to give our sport of dragon boating a try. Due to small numbers there was more opportunity of one on one instruction from the Redcliffe paddlers throughout the boat. Some of the paddlers must of enjoyed their outing as they have come back to attend some of our training sessions.

Redcliffe must have made an impression as one of the participants sent in a letter to the Council congratulating the club on an excellent job on the day.

GREAT WORK REDCLIFFE

Hi Cheryl,

Bit of nice feedback from the weekend.

"The Redcliffe Dragon Boat Club should be congratulated on a fantastic facilitation. The boat teams were a very sensible mix of Older and Bolder participants alongside experienced Dragon Boaters. The club members were encouraging, highly knowledgeable and friendly. The club hosted morning tea afterwards (which was a lovely surprise). The club provided bottled water for hydration during the activity (which is a first from my previous experiences). At the end of the activity one of the club members lead the group in a stretching/ warm down activity. Honestly, this was one of the most professionally but still casual and friendly run activities it's been my pleasure to participate in. Well done, Redcliffe Dragon Boat Club!! well, done." *Ray Campbell*

Please pass this on to the club members with my thanks.

Kind Regards,

Robert Olding
Physical Activity Officer
Sport & Recreation Department
Community & Environmental Services
Moreton Bay Regional Council

REGATTAS

There have been 3 regattas the club has attend since our last one at the end of August. These were held at Lake Kawana by TEWAKA and ,MANLY with our most recent at end of October in GRAFTON for the Jacaranda Festival.

TEWAKA

Due to a shortage of paddlers, we enlisted the help of 5 paddlers (4 female and 1 male) from the JADE DRAGONS from the Sunshine Coast Paddlesport Club. This was the first regatta these paddlers had attended and by the end of the day they were eager to participate in their next one.

Whilst we did not make it into the major finals, we did manage to achieve some success in the minor finals. First place with the women's team time of 58.94sec, ahead of Manly and Cooloola, and a very close second with a time of 54.41sec in the Open's missing out by 10th second to Lakers.



THANKS to
***Margaret King, Kylie
Crouch, Linda Earl, Mary Trust and Paul
Shipton*** from Jade Dragons for their help on the day.



Two of our probationary sweeps, **Rita and Bruce**, attained their accreditation at the TeWaka regatta. They both did a magnificent job on the day considering the conditions on the water at times throughout the day.



MANLY

We had a full contingent of Redcliffe paddlers to paddle in the Women's, Mixed and Open teams. This was the first regatta for the season where the distance was 500m and there was 10's boat racing. All crews did well considering the club only had 6 men for the Mixed and Opens.



There was not the usual 20's women Redcliffe team at this regatta. Since there was 10's racing it was decided to enter the Grandmaster's Women 10's 200m team who will be paddling in the upcoming 2016 State Championships. The crew came second in both their heats and 6th in the Grand Final. It was a great opportunity to see how this team would compete against the other 10's teams.



The sweeps got to try out the club's CoxBox for the first time at a regatta. The feedback from the paddlers was how beneficial it is to have as it saves the sweeps' voice and all commands are heard by the paddlers.

THANK YOU

Margery Barnes
***For performing assistant team
manager duties on the day.
Your help was very much
appreciated.***

GRAFTON

At the end of October, 19 of the club paddlers travelled to GRAFTON for the Jacaranda Regatta which was held at on the Clarence River. Once again, some of the paddlers took the opportunity to get in some team bonding by travelling the 5 hours to Grafton by bus.



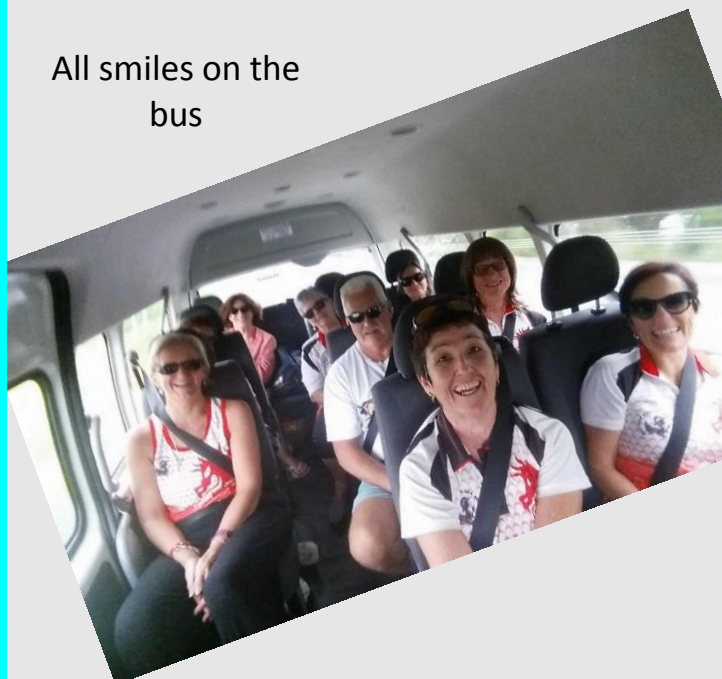
We were being stalked by club member



Loved your singing Jason

Pit stop along the way

All smiles on the bus



The first day of racing consisted of the 7km race around Peanut Island. 11 teams competed on the day. Redcliffe were the 4th boat in the second heat.

Due to lack of numbers to make a full boat on the day, we had obtained the services of 6 paddlers from other teams. **Steph** (our sweep) and **Mark** from **COFF'S COAST**, **Michelle** and **Vicki** from **FLAMIN DRAGONS** and **Deborah** and **Juliette** from **RAINBOW REGION**.



Deborah and Juliette - **RAINBOW REGION**
Michelle and Vicki - **FLAMIN DRAGONS**

Redcliffe's own 7km
Mixed Motley crew.



Steph from **COFFS COAST** giving us all the encouragement we needed.

After the 7km race, it was time to re-hydrate and find out the results for the day so it was straight to the Crown Hotel which luckily was across the road from the regatta.

With the help of the other club paddlers and Steph as sweep, our Motley crew came 6th overall in a time of 30min 40secs. With the winning time of 29.19 mins, Redcliffe could hold their head up proud in their achievement on the day.

CELEBRATIONS



On the second day, it was down to some serious racing with 200m in Women's Sport, Mixed Sport and Men's Sport 10s. Again due to lack of numbers, we had to borrow some paddlers from other teams. Once again, **COFFS COAST** and **FLAMIN DRAGONS** came to the rescue.

Michelle, Vicki and Merche from **FLAMIN DRAGONS** joined us in the Women's team to make up the minimum number of 16 for our **FLAMIN RED DRAGONS**.



In the men's boat, it was now Redcliffe's turn to return the favour to **COFFS COAST** and loan them our 4 men to fill their 10's boat with Steph as their sweep.



RESULTS:

Mixed 20's Club fielded a team of 18 Redcliffe paddlers. From a field of 13 teams, Redcliffe came 5th in the finals in a time of 55.25 sec (5 secs off the winning time)

Men's 10's Coffs Coast/Redcliffe (8 paddlers) came 5th from a field of 8 teams. The team's time was 54.91 sec (3 secs off winning time)



Women's 20's Flamin Red Dragons team of 16 women made third place in a time of 55.56 secs (1.38 sec off winning time) 11 teams competed on the day.



Congratulations to all Redcliffe paddlers for a great team effort both on and off the water over the two days.

UPCOMING EVENTS



Sunday November 22nd

XMAS on the CREEK

Saturday November 28th

Club Xmas party

Sunday November 29th

COME 'n' TRY Day

@ Comslie

Sunday December 6th

Burleigh Fire Dragons Regatta

@ Varisty Lakes

Saturday December 12th

Club Meeting

Monday December 21st

Club Xmas Lolly Run

STATE TRAINING 2015

Saturday November 21st

Saturday November 28th

Saturday December 19th

OCTOBER

Zharlea Lutherborrow

Karen Burns

Malany Beckwith

Eva Anna-Maree

NOVEMBER

Michelle Bond

Tina Van Kuyl

Donna Pascoe