

August Edition



REDCLIFFE RED DRAGONS NEWSLETTER





COME 'N' TRY

SCARBOROUGH OUTRIGGER CANOE CLUB,
 through Moreton Bay Healthy and Active program, held
 the first of the 4 Come 'n' Try's for the year.

10 paddlers attended on the day. Five of those were from Redcliffe Red Dragons.

**ROSETTA LYNIS, KAY ROPER, ICIAR ARGUS
 LYN STAINLAY, ANN MATTHYSEN**

After **MUAI**, the coach, went through the fundamentals of the sport he assigned us to two teams with **GAYE** and **DAVE** acting as steersman.

Both canoes paddled out onto the bay and enjoyed the thrill of being in an outrigger. A bit different to being in a Dragon Boat.

Everyone enjoyed the experience and were definitely keen to come again.



The dates below are scheduled for the next Come n Try's for the club.

**SUNDAY 27th
 OCTOBER**

**SUNDAY 10th
 NOVEMBER**



PINK'S SNAPDRAGONS SOCIAL PADDLE

The Pinkies held one of our regular Pink Social Paddles on 10 August. We generally hold these 3 times per year, with the aim of attracting new Survivors & their Supporters to come & have a go at Dragon Boating in a relaxed & welcoming environment. It provides the opportunity for them to interact with people who have been through the same diagnosis & treatment. It's also a great opportunity for former members to catch up for a paddle & a chat.



The weather was glorious and we had a lovely paddle out in the canals, enjoying the fresh air and exercise. Our 4 new ladies overcame their initial nerves, enjoying every minute of it - so much so, that they all joined our Club. What a fabulous result!

We warmly welcome **Kristy (Silk), Sarah (Shaw), Ange (Simpson) & Therese (Stewart)** to our wonderful group.

Special thanks to our terrific Red Dragons members – **RITA** for sweeping and **KAY** for coaching.



Courtesy of Ann Matthyssen



THE PEISHING 10'S BOAT

- the story of how we purchased our new 10's boat 😊

Whilst our Club was attending the National Championships in Canberra, we were fortunate enough to hear that AUSDBF were selling the 6 year old "Tippy 10's" boats for \$3,000. The deal was that your Club had to maintain the condition of the boat and AUSDBF would hire it for the Nationals in Penrith next year for \$500 hire fee. They would also pay for the boat to be transported to and from Penrith in 2020. The only catch was that they needed to be taken away at the end of the Regatta as there was no storage room for the boats due to new boats having been received.

I was quickly on the phone to President Bob, explaining the situation and what the deal was. In his wisdom, he gave approval for the club to express our interest. Of course by now, our coach, Charlene was getting very excited. We were lucky enough to secure one of the boats along with Penrith purchasing two. Then began the arduous task for Charlene, Iciar and myself trying to find someone who would transport the boat back to Qld for us.

Being Easter, it was impossible to get people to reply to us and the ones that did weren't interested as it took up too much room. We were now desperate and so Jason and myself drove to Canberra and hired a car trailer.



By now we were feeling pretty chuffed we had organised something and then came the next hurdle- 😊 **THE SAFETY OFFICER**. He wouldn't let us leave the premises with the boats on the car trailer as too much overhang. After much discussion, AUSDBF agreed they would store the boat for us while trying to arrange transportation and we would work the costs out. They too had trouble and eventually found someone to take our boat along with the boat Penrith had purchased, to the Regatta Centre at Penrith and from there we would try and arrange transportation to our compound.

Arrangements were tried to be organised for the next following couple of weeks but no one could be found to tow the boat at an affordable price. It was then we went to PLAN B - Jason and I drive to Sydney on the weekend of 10th and 11th August with the boat trailer and bring the boat back.



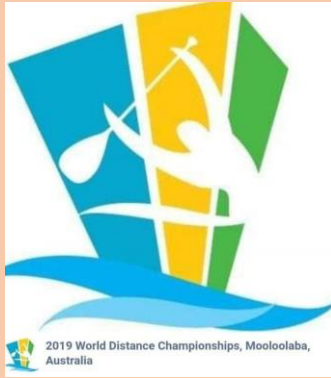
When I contacted Jane Howard from the Penrith Dragon Boat Club, to arrange a date and time for us to pick up the boat, they were very accommodating. Jane was surprised to hear from me as we had not been in contact for a couple of months due to us trying to decide the best way to have to boat towed to Qld. When we arrived at the arranged time of Sunday afternoon, everyone was so friendly and welcoming and help us load the boat on the trailer and retrieve the other items from their container which were still wrapped and stored away for us. Once the boat was loaded, they all headed out for their training session and Jason and I started the trek back home.



We had a great trip back and now the new boat awaits us to start using it to get accustomed to paddling in a 10's boat ready for the upcoming National Championships at Penrith over Easter next year.

This boat will help make us more competitive, so let's all relax and enjoy it.

Courtesy of Cheryl & Jason



2019 WORLD DISTANCE CHAMPIONSHIPS



On Wednesday 13th August 2019, our very talented coach **CHARLENE POVEY** represented Australia in the 2019 World distance championships in **Masters 50 Women V1 category 16km** which was held in Mooloolaba on the Sunshine Coast and hosted by Australian Outrigger Canoe Racing Association (AOCRA).

| Racer name | Category | Finish time |
|---|-----------------|-------------|
| LOREVIRE EMIE-COWAN, Maldives Tahiti | Master 50 Women | 1:42:40.2 |
| JAIN, Karina Canada | Master 50 Women | 1:46:58.1 |
| ROGERS, Yvonne New Zealand | Master 50 Women | 1:49:02.5 |
| POVEY, Charlene Australia | Master 50 Women | 1:54:37.3 |
| WOLFE, Julie California | Master 50 Women | 1:57:43.3 |
| DEURS, Sonia New Caledonia | Master 50 Women | 2:01:58.3 |
| JUCHEN, Ingrid Germany | Master 50 Women | 2:03:08.0 |
| CHAMBERLAIN, Marise Brazil | Master 50 Women | 2:03:33.0 |
| BURDESS-ALLEN, Sam Singapore | Master 50 Women | 2:23:04.9 |
| BEHN, Danya Panama | Master 50 Women | DNF |

There were 10 entrants in the category coming from Tahiti Canada, New Zealand, California, Germany, New Caledonia, Brazil, Singapore and Panama. Starting off Charlene held forth position throughout the entire race and after a gruelling 16km on the water that is the position she crossed over the finish line in a time of **1:54:37** behind paddlers from Tahiti Canada and New Zealand. Winning time was **1:42:40**

Charlene had worked so hard that at the end of the day she had to be carried out of the boat and was quickly wrapped in a Mylar blanket. It wasn't long before she was feeling much better and the customary smile appeared on her face. Charlene said that she was very happy with her achievement considering



who her competition was.



All the hard work, commitment and determination ensured that Charlene achieved her best result possible.



21st August – 25th August saw the **14th IDBF World Dragon Boat Racing Championships**, being held at the Royal Navy Rowing Training Centre, Khlong Bang Phai Reservoir, **PATTAYA-RAYONG Thailand**. There were 4000 athletes, 30 countries and 6 continents participating at the event.

Australia (**AURORAS**) was well represented over all categories – under 16's through to Senior C's - in all racing divisions of 200m, 500m, 1km and 2km in 10's and 20's boats.

The club had three paddlers in the Aurora squad – **TAHLIA HARLE** (Juniors), **CHARLENE POVEY** (Senior B) and **BRUCE MUSGROVE** (Senior C)



All three paddlers were very successful in gaining some more bling for their pool room. They did everyone proud in their achievements.

Tahlia's results were as follows:

JUNIOR B

- SILVER:** 2km Mixed 20's 2km Women 10's
- 1km Mixed 20's 500m mixed 20's
- Women 10's 200m

BRONZE Women 20's 500m





At time of publication of this newsletter there were no results available for the achievements of Charlene and Bruce. Here are some photos though...





REGATTA NEWS

24th and 25th August, 31 club paddlers crossed the border to at the **RAINBOW REGION** Regatta. The regatta was held over two days - Saturday 1km, Round Robin races as well as State V State and Sunday Sport and Community racing.

There were 12 entries for 1km with Redcliffe coming in **5th** with a time of **5mins 45secs**. In the Round Robin races, the mixed 20's crew won all of their heats to be up against Camden Haven and Ballina in the Finals in which Redcliffe came **3rd**.



The State of Origin races (100m in distance) saw several of Redcliffe paddlers being picked for the two Qld teams as well as two paddlers for the NSW teams. This year the honours went to **NSW** with two club paddlers

CHERYL and **GERRY** happily paddling in the winning NSW team in a time of **37.93**.

Sunday saw the club competing in the **Mixed 20's, Women 20's and Open 10's**. The Women 20's (paddling with only 18) and Mixed 20's made the final with the Open 10's just missing the finals by **0.4secs**

Mixed 20's 1km



Men 10's



Women 20's



Redcliffe were winners in the Mixed 20's in a time of **58.35 secs**



WINNERS REDCLIFFE RED DRAGONS MIXED 20's

It was a mighty effort by all teams on the day and it was great to finish on a high with the club finally being in the Winner's Circle.



GYM FUN DAY

FITNESS
fernwood®

30th August saw the club held its first Gym Fun Day for the year. The ladies from Petrie Fernwood were back again as part of their 12 week challenge.



With 15 gym members present, it was decided to take two boats with **Tina** and **Shelly, Lorna** and **Janice** as strokes for their respective boats and **Rita** and **Cheryl** helping out as sweeps.

With the regulatorily technique drill, warm up and safety drill out of the way it was time to head out onto the water for a great session of paddling fun. As always the first half of the session was attributed to making sure everyone was in time and the boats

running as smoothly as possible.

A peak out onto the Bay was warranted as the weather was just beautiful and the water was calm. The second part of the session saw the introduction of race starts in readiness for the two boats to have races.



As always, the competitiveness in all the paddlers was evident when it was decided that some races were on the agenda. Everyone put in their 100% right to the end. It was great seeing the smile on everyone's faces.



After the session, the boats were washed and stored away in the shed. Paddlers were welcome to stay for some fruit and drinks and have a chat with the members of the club.

Thanks to all the members who helped out be it on the water or on land afterwards. With some many volunteers helping out on the day, the day ran smoothly and everyone came away happy for the experience.





Laughternoon Tea

Redcliffe Pink Snapdragons invite you
to our Fundraising High Tea!

Enjoy an afternoon of delicious treats and laughter.
Fashion parade, prizes and raffles.

Fundraising in support of the Brisbane Breast Bank and
to send our dragon boating team of Breast Cancer Survivors to the
International Breast Cancer Participatory Festival in New Zealand in 2022.

Date: Sunday 27th October 2019

Time: 2.00pm to 5.00pm

Place: Scarborough Bowls Club,
Sunnyside Road, Scarborough

Tickets: \$30 (Bookings essential. No ticket sales at the door.)

Please RSVP by 19th October 2019

Phone Lyn Grigg on 0418 194 623

or email lyn_g_53@yahoo.com.au



SEPTEMBER

Ann Matthysen

Debra Hall

Norma Kelly

Christine Johnston

Kevin Lategan

Peggy Rapley

Shelly Baumann

OCTOBER

Karen Burns

Carolyn Crawford

Josie Lategan

Eva Anna Marie



UPCOMING EVENTS

OCTOBER

Thursday 10-12th

XVII Australian Masters Games - **ADELAIDE**

Saturday 12th

Snapdragons' Social Paddle

Including Field of Women Ceremony

Sunday 13th

REGATTA — Tewaka

Kawana Waters

Sunday 27th

COME n TRY - Outrigger

9 – 10.30am