



# Redcliffe Red Dragon Boat Club

## Newsletter

NO MATTER HOW YOU FEEL, GET UP, DRESS UP, SHOW UP AND NEVER GIVE UP.

FEBRUARY 2022

### A Note from the President

Hi everyone,

I hope everyone is keeping well.

Due to the increase in covid cases it was decided that we would restrict training to members only. This has now been lifted and we already have a few new comers wishing to try our sport.

January has already passed and we have a few busy months ahead of us, State Championships in March followed by Nationals in April. A big congratulations to members who made the State Teams: Ann Matthysen, Phil Matthysen, Theresa Lymbery, Natalie Bliesner, Cheryl Rigby and Tina Van Kuyl. Also, Iciar Argus, Jenny Shapland and Cheryl Rigby who are Team Managers.

Our regatta was cancelled due to a member of clubs advising that they would not be attending due to the uncertainty caused by large number of covid cases. We are hoping to obtain another date in the coming months. Please look out for an email advising of the new date and we ask that everyone will volunteer on the day.

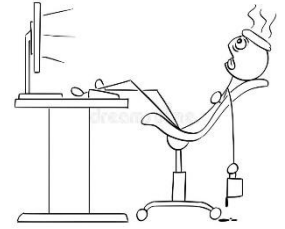
Hope to see everyone at training.

Norma

# Note from the Editor

Hi Everyone-

Sorry for the slight delay in getting this out to you all. I continue to be in a bit of a self-imposed isolation until this COVID peak passes. I am hoping to return soon as I am missing paddling soooo much. I have so much FOMO!



You'll notice the newsletter is a bit shorter this month – everyone seems to have so much going on and little time 😞 . There's no Paddlers Journey this month as I haven't been able to persuade anyone to do it – my usual tactic is the personal approach but not being at training is hampering my efforts! I'd love people to volunteer but I know not everyone loves the idea of writing. I am planning on putting together a short list of 5 questions that should be simple for people to answer- all you have to do is answer the questions and send me a photo and voila – that's it!

Articles and updates should be in by the end of the month with the aim to get the newsletter out the first week of every month. This varies slightly due to work commitments but it's my aim !

Send all your things to: [andreacoe101@hotmail.com](mailto:andreacoe101@hotmail.com) !

Miss you all !

Andy

# In other news .....

## A new article by the amazing Iciar .....



As mentioned previously, dragon boat paddlers are required to abide by a set of **AusDBF Competition Regulations and Rules** when competing.

Some of the rules applying to drummers and sweeps were covered in the past 3 newsletters.

The last, and definitely not the least, makeup of the crew are the **PADDLERS.**

AusDBF Competition Regulations and Rules of Racing

Edition 9.2 (updated 03/02/2021)

Approved 13<sup>th</sup> October 2020

All paddlers must be a member of their relevant State body eg DBQ, DBNSW as well as a member of a dragon boat club. This enables them to be covered for insurance purposes when performing and participating in any authorised and recognised activity by their State association.



They must acknowledge and adhere to the rules and regulations of competition as well as the National Code of Conduct when becoming a member of a Dragon Boat club. It is highly recommended that all paddlers can swim 100m and if unable are required to wear a PDF, **at all times**, when out on the water. These matters are agreed upon when signing their respective club's membership forms.

### **CR 2 Racing Category, Age Divisions and Distances**

For AusChamps, each racing age division (Junior, U16/U18, U24, Premier, Snr A, Snr B, Snr C) is made up of three categories:- OPEN, WOMEN and MIXED

#### **CR 2.1 Racing Category**

For AusChamps and sanctioned competitions, races are organised for the following racing categories, based on gender.

##### **CR 2.1.1 Open Category**

This is the primary category of racing. There are no restrictions on crew gender composition.

##### **CR 2.1.2 Women's Category**

This is for all female crews. The drummer and sweep **must** be female.

### CR 2.1.3 Mixed Category

For standard and small boats, a mixed crew must consist of:

**Standard boat, 20's crew** – a minimum 8 paddlers to a maximum of 10 paddlers of either gender (excludes drummer and sweep). To a minimum of 18 paddlers (refer rule **CR3.1**)

**Small boat, 10's crew** – a minimum 4 paddlers to a maximum of 5 paddlers of either gender (excludes drummer and sweep). To a minimum 8 paddlers (refer rule **CR3.1**)

The drummer and sweep can be either gender.

### CR 2.2 Racing Age Divisions

For AusChamps and sanctioned competitions, races are organised for the following racing age divisions based on age and for single and mixed racing categories.

#### CR 2.2.1 Junior 16 and Under Age Division

**16** The maximum age for all competitors (excluding sweep) in the 16 and Under division is 16 years as at 31<sup>st</sup> December in the year of competition. (Open, Women and Mixed)

Competitors must be a minimum of 10 years of age by 31 December in the year of competition. (Note: a competitor could be 9 years of age turning 10 at, or after, AusChamps, if they turn 10 that same year.)

#### CR 2.2.2 Junior 18 and Under Age Division

**18** The maximum age for all competitors (excluding sweep) in the 18 and Under division is 18 years as at 31<sup>st</sup> December in the year of competition. (Open, Women and Mixed)

Competitors must be a minimum of 10 years of age by 31 December in the year of competition. (Note: a competitor could be 9 years of age turning 10 at, or after, AusChamps, if they turn 10 that same year.)

#### CR 2.2.3 24 and Under Age Division

**24** The maximum age for all competitors (competitors, sweep, drummer) is 24 years as at the 31<sup>st</sup> December in the year of competition. (*Note: there are no exceptions.*)

Competitors must be a minimum of 12 years of age by 31 December in the year of competition.

#### CR 2.2.4 Premier Age Division

**0** There is no maximum age for all competitors.

Competitors must be a minimum of 12 years of age by 31 December in the year of competition.

### CR 2.2.5 Senior A



There is no maximum age for all competitors.

Competitors must be a minimum of 40 years of age by 31 December in the year of competition.

### CR 2.2.6 Senior B



There is no maximum age for all competitors.

Competitors must be a minimum of 50 years of age by 31 December in the year of competition.

### CR 2.2.7 Senior C



There is no maximum age for all competitors.

Competitors must be a minimum of 60 years of age by 31 December in the year of competition.

## CR 3 Crew and Team Composition

### CR 3.1 Crew Numbers

Dragon boat crews competing in AusChamps will normally consist of:

- a) **Standard Racing Boat** – a minimum of eighteen (18) and a maximum of twenty (20) paddlers, one (1) sweep, one (1) drummer and four (4) reserves; giving a minimum total of twenty (20) and a maximum total of twenty-two (22) crew members in a boat, and a maximum total of twenty six (26) on a crew list.



- b) **Small Racing Boat** – a minimum eight (8) and a maximum of ten (10), paddlers one (1) sweep, one (1) drummer and two (2) reserves; giving a minimum total of ten (10) and a maximum total of twelve (12) crew members in a boat, and a maximum total of fourteen (14) on a crew list.



For further details of the Rules and regulations relating to dragon boat please visit

<https://cdn.revolutionise.com.au/cups/ausdbf/files/p7jntvejkelkvl4.pdf>

## REDCLIFFE RED DRAGONS UNIFORM LIST

Manufacturer & Style	SIZE	QUANTITY in stock	CHEST FLAT SURFACE MEASUREMENT (armpit to armpit)
<b>KPI</b>	<b>LADIES</b>		
<b>SINGLETS</b>	<b>8</b>	3	45 cm
	<b>10</b>	4	48 cm
	<b>UNISEX</b>		
	<b>S</b>	2	52 cm
	<b>M</b>	1	56 cm
	<b>L</b>	2	56 cm
	<b>XL</b>	3	59 cm
	<b>2XL</b>	2	60 cm
	<b>3XL</b>	2	62 cm
	<b>5XL</b>	0	-
<b>HATS</b>	<b>M/L</b>	3	-
	<b>L/XL</b>	7	-
<b>CAPS</b>	<b>Onesize</b>	4	-
<b>Short sleeved SHIRTS</b>	<b>UNISEX</b>		
	<b>M</b>	2 (1 used)	56 cm
	<b>XL</b>	4	65 cm
	<b>2XL</b>	4	68 cm
	<b>3XL</b>	1	70 cm
<b>GORILLA</b>	<b>CHILD</b>		
<b>SINGLETS</b>	<b>12</b>	3	40 cm
	<b>14</b>	4	42 cm
<b>HATS</b>	<b>M/L</b>	6	-
	<b>L/XL</b>	2	-



Measure one of your old shirts, flat on the table, armpit to armpit to get measurement to fit you, then order the size shown in table.

### PRICE LIST 2021

SHORT SLEEVED CLUB SHIRTS	\$45
SINGLET RACE SHIRT	\$40
CAPS	\$20
HATS	\$20

Please see Gill Robinson if you wish to order a shirt or cap.

Email: [robinsjilly@gmail.com](mailto:robinsjilly@gmail.com)

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## Calendar of Upcoming Events



### Updated 2021/2022 Event Calendar:

Sunday 6th February 2022 - BROADWATER REGATTA @ EMERALD LAKE

Saturday 12th February 2022 - *to be confirmed* - Club AGM and GM

Sunday 13th February 2022 - BUNNINGS BBQ & BRD REGATTA @ LAKE KAWANA

Friday 11th March 2022 - DBQ AGM @ SCC STADIUM - 6 - 6.30PM

Saturday 12th & Sunday 13th March 2022 - DBQ STATE CHAMPIONSHIPS @ LAKE KAWANA

Saturday 19th March 2022 - Council's Come and Try



Tuesday 5th to Sunday 10th April 2022 - **AUS CHAMPS**  
@ **AM Ramsay Rowing Course West Lakes**  
**Adelaide SA**

Saturday 23rd April 2022 - **Council's Come and Try**

Saturday 14th May 2022 - **Council's Come and Try**

Saturday 21st May 2022 - **to be confirmed - Presentation Night at Dolphins**

\*\* Changes may occur to some dates and times

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## FUNDRAISING



Club ID Code  
C10002560



**Bunnings Rothwell 13 th February**





**Come and Try Dragon Boating is on**

**Saturday 19<sup>th</sup> March ,23 rd April and 14 th May 2022**

**- 9:30 AM to 11:30 AM**

These events are always a lot of fun for everyone and a great fundraiser for our club, so please register your assistance on Redcliffe's RevSport site.