



Redcliffe Red Dragon Boat Club

Newsletter

NO MATTER HOW YOU FEEL, GET UP, DRESS UP, SHOW UP AND NEVER GIVE UP.

MAY, 2022

A brief update on this past month :

Redcliffe Red Dragons held their much anticipated Regatta on the 1st May at Kawana – this had been postponed from earlier in the year due to COVID. We will have more details in the next Newsletter.

As many of you will know our safety boat was stolen along with its trailer. This is a huge loss to the club- please share widely cross our networks. The police have been informed.

STOLEN !!!!!



2014 Mercury 290 4200 Ocean Runner

RIB Reg WU032Q
with 40hp Mercury Outboard.

Oceanic Trailer Reg DU3828

Note from the Editor

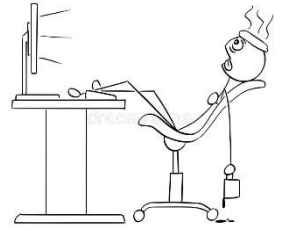
Hi Everyone,

Thanks so much to all those who have sent me stuff for the newsletter. If you wish to have any articles or info included please send me them by the end of the month . I aim to have the newsletter completed the first weekend of the month .

I have left the below info in about the committee as a reminder to consider helping out the club and applying for a position. The club's success is a direct result of its members and the committee is vital to this.

Send all your things to : andreacoe101@hotmail.com !

Andy



Committee 2022 – 2023

Our Annual General Meeting is scheduled soon at which time all current management committee positions become vacant and the club calls for nominations to fill these positions.

We are calling out to all members to think about what skills and experience they have to make a positive contribution and help our club continue to go forward.



The current Management Committee positions:

President*

Vice President

Secretary*

Treasurer*

Team Registrar

Committee Members x 4

* These three positions must be filled at the AGM.

The Redcliffe Red Dragons committee plays an important role and it's a great opportunity to become an active involved member.

If you are interested in knowing more about the positions, please see a current committee member to discuss further



Redcliffe Pink Snapdragons Inc



On behalf of The Snapdragons I would like to congratulate all club paddlers who participated in the National Titles in SA recently. What an amazing bunch of paddlers who did themselves and their club very proud.

This photo was taken in Sarasota 2014 where Redcliffe Pink Snapdragons took part in the National Breast Cancer Regatta. Lots of hard work was put into training which paid off as we scored a silver medal in our division. Our supporter team scored a gold medal, not bad for a team who hadn't trained together. We all enjoyed a 3 day cruise through The Bahamas to finish off a great team event.

Yours in paddling Fran Heales



Paddlers Journey

Del Martin



Before dragon boating, I was a dedicated teacher who lived teaching. I started teaching in NSW in the 70's, then in 1990 saw the sunshine in Qld and made the move to Yeppoon with 4 kids aged 4 to 12 years old, and no job. I was employed full time pretty quickly and once again began to live and work teaching. I made the move to Brisbane in 2000 and began working at Caboolture. This was hard yakka and I was wishing I could have some time off when I was diagnosed with breast cancer. This gave me almost a year off work, not quite the way I dreamed having time off, but....

Breast cancer changed my life for the better.

When I was diagnosed, I never thought I'd say those words, but since Nov 2005 I've done things, I never thought I'd do. After what I refer to as the year from hell, I thought I'd try dragon boating as I could exercise while sitting down, sounded good as I was pretty debilitated after my treatment. Dam it, two bung shoulders made paddling difficult so after a few weeks I had a go at sweeping. So much for sitting down.

Sweeping was for me, this I could do, it was like sailing without having to adjust my direction according to the wind, I loved it.

I swept my first official race in Singapore for a team of Italian pinks. I wasn't a qualified sweep but I was confident. After a 10-hour flight from Singapore and 6 hours after landing in Brisbane I did my sweep accreditation on the Brisbane River, which was also a first for me, a bit scary with all the river traffic. I slept well that night.

Since then, I've had some wonderful experiences as a sweep for Redcliffe sports teams, Snapdragon teams, Qld teams. Mixed SE Qld teams, States, Nationals, PanPacs and as a sweep for other clubs when needed. These teams have taken me Melbourne, Canberra, Sydney, and more in NSW and lots in Qld., Singapore, Penang, Hong Kong. Canada. USA. Italy, The sight-seeing after regattas is awesome.

Now over 16 years later I'm a retired teacher, a grandmother to Eddie and Finn, met lots of interesting people and accumulated lots of bling, thanks to the paddler's strength, skill and gelling together as a team and great coaches who made this possible.

I have been sweeping for some amazing people who for some reason thank me for my abusive yelling, really my encouraging requests - 'power, we can do this, come on only 50 metres to go, more power, 10 to go, power, power, power'.... :)

Thank you to all those paddlers, drummers fellow sweeps and coaches who made all this possible

Can't wait for the Tin Can Bay weekend.

Paddlers are you ready,

attention,

hit.



DBQ STATE CHAMPIONSHIPS

By Iciar Argus

The championships, held over the weekend 12th and 13th of March, were at Kawana this year. Both days saw 20's and 10's boats racing with Saturday 500m distances and Sunday 200m along with 2km and 1km.

Redcliffe Red Dragons had a small contingent of 21 (4 male and 17 female) paddlers in attendance at the championships entering crews in ***Senior B Women 10's 500m and 200m and Senior C Mixed 10's 500m, 200m and 1km.***



QUEENSLAND DRAGON BOAT CHAMPIONSHIPS 2022

The paddlers did their club and themselves proud in their efforts over the 2 days of racing with all crews making the finals.



CONGRATULATIONS

Senior C Mixed 10's 1km crew (consisting of 3 of the club's couples) on their 3rd place on the Sunday.





CHERIE and **SEAN** for towing the club trailer to the event.

DARREN and **JASON** for towing the club safety boat



Fantastic job by our club volunteers over the two days of the Championships –

KAY ROPER GILLIAN ROBINSON

DEBRA HALL JENNY SHAPLAND

as well as all those others who volunteered over the weekend.

Without your help and dedication, the weekend would not have run so smoothly.

Bring on DBQ State Championships 18th and 19th March 2023



The 2022 AusChamps were held at AM Ramsay Rowing course at Adelaide, West Lakes over the 5 days starting 6th April to 10th April and hosted by



DAY 1 Wednesday saw 200m and 2km Open/ Women racing, DAY 2 Thursday was 500m and 2km Mixed 20's, DAY 3 State v State, DAY 4 Premiers, Juniors and BCS 500m and 2km Mixed 20's, DAY 5 Premiers, Juniors and BCS 200m and 2km Mixed 20's, 2km Open/ Women.

Redcliffe submitted one crew for these Championships – **Senior B Women 10's** competing in 200m, 500m and 2km distances. The team consisted of : *Ann Matthysen, Barb Powell, Cheryl Rigby, Iciar Argus, Jenny Shapland, Kate Fagg, Kerry Ingebrigsten, Lani Dando, Lyn Stainlay, Natalie Bliesner, Theresa Lymbery and Tina Van Kuyl*

Leading up to the AusChamps, after State Championships, the ladies continues to train hard, both on and off the water, adding addition training sessions to their program. As back in 2019, when the club attended the AusChamps held in Canberra, a team shirt was designed for the crew.

The women were definitely going to be noticed with the club emblem emblazoned on the front of the shirt.



A training day, Tuesday 5th, the day before the Championships began, was made available for all crews to become accustomed to the venue and practise reversing into the pontoons. Redcliffe took full advantage of this day and were the first ones on the water on Tuesday bright and early while the weather conditions were favourable.

After having a 2km run, which our sweep sprung on us, practising our race starts and finishes and feeling comfortable in the boat, the paddlers came off the water in high spirits and determined that they would all give it their all and make everyone back home and themselves proud.

A team dinner prior to the start of Day 1 was arranged and the paddlers looked spectacular in their team 'Target' shirts



First day of Championships saw Redcliffe racing in 200m and 2km. 8 clubs – NATURE COAST, DSA, DERWENT STORM, MELBOURNE FLAMES, BRD, BEI LOON, SADA and REDCLIFFE were racing in Senior B Women 10's 200m categories and the final placings determined by adding the times from all 3 rounds raced.

Senior B Women 10's 200m Round 1				
Place	Club	Time	Club	Time
1	Redcliffe	1:02.14	Redcliffe	1:02.14
2	Redcliffe	1:04.43	Redcliffe	1:04.43
3	Redcliffe	1:05.18	Redcliffe	1:05.18
4	Redcliffe	1:05.18	Redcliffe	1:05.18
5	Redcliffe	1:05.18	Redcliffe	1:05.18
6	Redcliffe	1:05.18	Redcliffe	1:05.18
7	Redcliffe	1:05.18	Redcliffe	1:05.18
8	Redcliffe	1:05.18	Redcliffe	1:05.18

Senior B Women 10's 200m Round 2				
Place	Club	Time	Club	Time
1	Redcliffe	1:02.14	Redcliffe	1:02.14
2	Redcliffe	1:04.43	Redcliffe	1:04.43
3	Redcliffe	1:05.18	Redcliffe	1:05.18
4	Redcliffe	1:05.18	Redcliffe	1:05.18
5	Redcliffe	1:05.18	Redcliffe	1:05.18
6	Redcliffe	1:05.18	Redcliffe	1:05.18
7	Redcliffe	1:05.18	Redcliffe	1:05.18
8	Redcliffe	1:05.18	Redcliffe	1:05.18

Senior B Women 10's 200m Round 3				
Place	Club	Time	Club	Time
1	Redcliffe	1:02.14	Redcliffe	1:02.14
2	Redcliffe	1:04.43	Redcliffe	1:04.43
3	Redcliffe	1:05.18	Redcliffe	1:05.18
4	Redcliffe	1:05.18	Redcliffe	1:05.18
5	Redcliffe	1:05.18	Redcliffe	1:05.18
6	Redcliffe	1:05.18	Redcliffe	1:05.18
7	Redcliffe	1:05.18	Redcliffe	1:05.18
8	Redcliffe	1:05.18	Redcliffe	1:05.18

Redcliffe came **5th**, **7th** and **5th** in their respective rounds coming **5th** place in the overall final placings so no medals for 200m category.

2km Open/Women were scheduled for the afternoon. Senior B Women 10's (8 crews) and Senior A 10's (7 crews) were scheduled to race in the same race. This resulted in the start line resembling a traffic jam with 15 boats lining up for the start.



Despite the unusual heavy traffic on the water, Redcliffe managed to make it around the course without any incidents. From a fleet of 8 boats Redcliffe came **6th** in a time of 14.41.684 mins

Start: 7/04/2022 14:00:00				
Place	Last Name	Time	Delta Time Cum.	Split Last
1	BRD Brisbane River Drago	2:27.349	2:27.349	
2	BRD Melbourne Flames	2:28.344	0.995	
3	BRD Redcliffe Red Dragons	2:34.567	6.918	
4	Nature Coast Dragon Boat	2:43.275	5.718	
5	BRD NSW	2:43.515	0.240	
6	BRD NSW	2:44.515	0.999	
7	BRD NSW	2:44.515	0.999	
8	BRD NSW	2:44.515	0.999	

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After finishing on such a positive after 2km racing, the girls were ready for the next day's racing which saw Redcliffe competing in Senior B Women 10's 500m. Once again, the crew was up against the same clubs from previous day and the final placings determined the same as the day before.



After being in 3rd position overall after 2 rounds, the crew were determined to win a medal so were very focused when it came to the 3rd and last race. While coming 4th in the last race was a bit disappointing, the crew had done enough to keep the position of 3rd overall.

There was a great sense of pride and a job well done by the Redcliffe Women 10's 500m, as well as all the club's supporters, to be up on the dais next to BRD (1st) and MELBOURNE FLAMES (2nd) to collect a well earned bronze medal.

While the medal may have been BRONZE, in the eyes of every member of the Redcliffe crew it certainly felt like a GOLD – Rose Gold.

CONGRATULATIONS LADIES



Safe Covid Practices

Some of the pre-requisites under the COVID plan in place for the Championships were that all attendees had to wear their masks except when racing. Clubs also had to provide a COVID officer for their club. Redcliffe's COVID officer was *Simon Argus* and he looked the part in his blue vest armed with his antibacterial wipes and sanitiser ensuring everyone was abiding by the rules.

THANKS SIMON

With all the Senior club racing completed, it was now time for State v State racing on Day 3 of the Championships. Queensland entered 4 State teams being Premier, Senior B and Senior C and the Regional team with a fantastic and very rewarding campaign seeing Queensland come away with 12 medals – 7 GOLD, 4 SILVER and 1 BRONZE over 3 of the 4 divisions.

9 Redcliffe paddlers represented Queensland (as paddlers or team managers):

SENIOR C Ann Matthysen, Cheryl Rigby, Jenny Shapland, Phil Matthysen, Tina Van Kuyl

SENIOR B Theresa Lymbery.

PREMIER Lani Dando, Natalie Bliesner

SENIOR B

GOLD — Mixed 20's , Women 10's, Team Pursuit

SILVER — Open 10's

SENIOR C

GOLD — Open 10's

SILVER — Mixed 20's, Women 10's, Team Pursuit



REGIONAL

GOLD Mixed 20's, Women 10's, Open 10's

BRONZE Team Pursuit



2022

State

**Team
Managers**

Redcliffe members Cheryl Rigby, Iciar Argus and Jenny Shapland were the Team Managers for the Prems, Senior B and Senior C State Squads

Lee-Anne Dunne, from Mackay Stingers, was Team Manager for the Regional Squad.

Great job ladies managing the squads.

Two of our club members, Phil Matthysen and Ann Matthysen, were fortunate to be able to paddle with another club at the AusChamps. Phil with Manly and Ann with SCDA Mavericks. Congratulations to them both on their success with their respective clubs.



ANNE

GOLD BCS 200m

SILVER BCS 500m

PHIL

GOLD Senior C Mixed 10's 2km

SILVER Senior C Mixed 10's 500m

Any organised Dragon Boating event would never run smoothly without the help of a team of dedicated volunteers.
Great work by everyone.



Club members

Kay Roper and Jenny Shapland

volunteered over the 5 days of the Championships.

Great job Ladies!!!



COME N TRY

By Iciar Argus

MORETON BAY COUNCIL HEALTHY AND ACTIVE



Saturday April 23rd, the club held a Come n Try Day through the Moreton Bay Council Program. With 18 paddlers in attendance, two boats went out on the water. Rita and Cheryl were the sweeps for the day with Kay and Iciar as boat captains at the front of the boat.

Once the customary instructions regarding paddling technique were done, the paddlers were able to put into practise what they had learnt. The unfavourable weather conditions made it not possible for the boats to be venture out onto the Bay so the paddling was kept to within the canals.

After being shown the breakdown of race starts, it was time for the two boats to have some healthy competition in racing against each other. Everyone enjoyed their experience of dragon boating and there were smiles all around when the boats came into shore.

Another successful Come n Try by the club. Thanks to all who volunteered on the day to make the day possible.



The next Club Come n Try is

Saturday 14th May 2022



Dragon Boat Ceremonies

By Kay Roper

It is traditional at large scale dragon boat racing events to have a ceremony conducted by monks which involves a blessing of the boats and dotting of the dragon's eyes.

The blessing of the boats encompasses traditional chanting, which “awakens” the dragon after a long period of sleep, and makes the boats strong and fierce for the races to follow.

The traditional “dotting the eye” ceremony, often conducted by visiting dignitaries or selected participants, also awakens the dragon by dabbing red paint on the dragon's eye.

Red is the colour that symbolises heat, summer and fire and represents good fortune and prosperity.



Calendar of Upcoming Events



** Changes may occur to some dates and times

Saturday 14th May 2022 - Council's Come and Try

Saturday 21st May 2022 - Presentation Night at Dolphins from 6 pm

Friday 27th May to Sunday 29th May 2022- Coast to Coast Festival- **CANCELLED**

Friday 3rd June to Sunday 5th June -Pink Fun Paddle Weekend hosted by DA Bribie Island (registrations co-ordinated via Pink Snapdragons)

Saturday 2nd and Sunday 3rd July 2022-Cooloola Regatta, Norman Point, Tin Can Bay



Please spread the word among family and friends that Redcliffe Red Dragons is holding Come and Try Dragon Boating events during April and May 2022.

Bookings for participants are now open via the Council links below.

Please come along to support your Club and to help make these events enjoyable for our guests. Member registrations are open via revSport

Come and Try Dragon Boating (1858) - **14 May 2022 | 09:30 AM - 11:30 AM**

<https://www.moretonbay.qld.gov.au/Services/Sport-Recreation/Healthy-Active/1858-Come-and-Try-Dragon-Boating>



Do you want to have a fun night with friends ? Do you want to eat great food, have a good laugh and dance the night away ? Then grab you dancing shoes and join us for our Presentation Night . RSVP Today 😊

Fundraising



Club ID Code
C10002560

We have all been very successful in donating our cans & bottles to the club's recycling scheme. We raise over \$50 most weeks, so THANK YOU !

If you would like to help with the recycling, and willing to take your bottles etc to your nearest facility, follow the steps below:

IT'S AS EASY AS 1, 2, 3...

1. Collect eligible containers

Most aluminium, glass, plastic, steel and liquid paperboard drink containers between 150ml and 3L are eligible.

2. Take them to a container refund point

There are different types of container refund points across Queensland, so find the right one for you.

3. Donate to Redcliffe Red Dragons

You'll receive 10 cents for every eligible container you return which you can donate to our club

CONTAINERS FOR CHANGE CENTRES

CLONTARF

266 Duffield Rd, Clontarf, 4019 (Near the waste transfer station)
(8 – 4.30 Mon – Fri 9 – 2 Sat 9 – 1 Sun)

SANDGATE

81 Kempster St, Sandgate QLD 4017
(8.30 – 4.30 Mon – Fri 8 - 4 Sat 9 – 3 Sun)

NORTH LAKES

81 Flinders Parade, North Lakes, 4509
(8-5 Mon – Fri 9 - 4 Sat 10 – 4 Sun)

NARANGBA

3 Ferrier Road, Narangba, 4504
(8 – 5 Mon-Fri 9 - 4 Sat 10 - 2 Sun)

CABOOLTURE

16 Machinery Parade, Caboolture 4510
(7 – 4 Mon – Fri 7 – 1 Sat)

RETURN IT CENTRES – NO CASH GIVEN

Lifeline Express Drop Off - No Cash Given

25 Beaconsfield Street, Margate, QLD 4019 07 3390 1377

IKEA Northlakes Express Drop Off - No Cash Given

3 Northlakes Drive Northlakes, QLD 4509 07 3390 1377
